



Bolingbroke's Emporium Presents:

PLEASANT'S POTIONS

Perfect Polish

Just add some Perfect Polish to a cloth or sponge to get rid of the grease and dirt from furniture or the stains from cooking pans.



Ingredients:

You will need two fresh lemons. If you want to use locally found ingredients, in summer you can use rhubarb.

How to with lemons:

- ❖ Carefully cut the lemons in half widthways. Ask an adult to help if you need to.
- ❖ Squeeze out all the juice and put this in a clean container or jar. You may want to draw and design a label for your container.
- ❖ Add the same amount of water, as lemon juice, and stir.

How to with rhubarb:

- ❖ Simmer your rhubarb in water for 10 minutes. Ask an adult to help you if you need to.
- ❖ Leave your rhubarb in the saucepan for one hour once simmered.
- ❖ Strain your rhubarb liquid into a clean bottle. You may want to draw and design a label for your container.
- ❖ As tasty as your Perfect Polish might seem, do not eat it or rub it onto your skin. This mixture is for using on greasy pots, pans and furniture only.

**Perfect Polish brought to you by Pleasant's Potions,
based on the original recipe by Mrs Isabella Beeton, 1861.*

